



THE ATLANTIS HISTORIC INN

Tent Bay, St. Joseph, Barbados • West Indies

BREAKFAST MENU

Hotel guests on Bed & Breakfast stays may choose one item marked with ✱ along with coffee/tea and regular juice.

Guests on the East Meets West package may order any item they desire along with coffee/tea and regular juice.

CLASSICS

✱ Full English Breakfast

Two eggs any style, bacon, sausage, grilled tomato, sautéed mushrooms, breakfast potatoes, baked beans \$49

✱ Three Egg Omelette

Choice of cheddar or parmesan cheese, toast, and any three fillings: onion, mushroom, tomato, sweet peppers, bacon, ham \$42

✱ Eggs Benedict

Two poached eggs, English muffins, spinach, crispy bacon, hollandaise sauce \$45

Atlantis Steak & Eggs

Grilled 6oz steak, two eggs any style, sautéed red onions & mushrooms, toast \$68 (B.B surcharge \$28)

MORNING SIGNATURES

✱ Atlantis Breakfast Burrito

Scrambled egg, crispy bacon, guacamole, corn, black beans, sriracha, wrapped tortilla \$35

✱ Atlantis Avocado on Toast

Open-faced sandwich with wholegrain toast, guacamole, scrambled egg, choice of bacon or smoked salmon \$36

✱ Atlantis Vegan Sandwich

Open-faced sandwich with wholegrain toast, hummus, guacamole, mixed lettuce, roasted tomatoes, vinaigrette, pumpkin & sunflower seeds \$36

SWEET STARTS

✱ Atlantis Pancake Platter

Three fluffy buttermilk pancakes, maple syrup, berry compote, whipped cream \$33

✱ Atlantis Granola Bowl

Homemade granola, Greek yogurt, mixed berry compote, chia seeds \$33

✱ Fresh Fruit Platter

Selection of seasonal fresh fruit \$30

✱ Atlantis Bread Basket

Fresh toast, banana muffin, croissant, assorted Danish pastry \$32

SIDES

Two Eggs Any Style \$16

Crispy Bacon \$15

Pork Sausage \$15

Baked Beans \$13

Breakfast Potatoes \$13

Fresh Toast \$11

BEVERAGES

Assorted Coffees & Teas \$10-\$14

Smoothies \$16

Juices \$9

Orange

Apple

Grapefruit

Tomato

Cranberry

Pineapple

Premium Juices \$12

Golden Apple & Ginger

Lemonade

Cucumber & Ginger

Sorrel

Mango

Passion Fruit

Guava

Watermelon

Coconut Water

Tropical Mimosa \$28

Choice of Orange, Mango, Passion Fruit, Strawberry, Sorrel

Prosecco (200ml) \$28

Please advise our team members if you have any allergy to any food product. Kindly note that smoking is not allowed. All prices shown are in BBD and include VAT. A service charge of 12.5% (15% for parties of 10 or more) and 2.5% TPD will be added to your bill. We accept all major currencies (BBD, USD, GBP, CAD, EUR), Visa and MasterCard.