ANY THREE COURSES: \$105*

Please advise your waiter if choosing three course special before ordering. Steak not included.

APPETIZERS

Caesar Salad / Crispy Romaine Leaves / Garlic Croutons / Cherry Tomatoes / Boiled Egg / Parmesan ~ \$36

Caprese Insalata / Roasted Pine Nuts / Arugula / Balsamic Dressing \$35 (v)

Atlantis Salad / Mixed Leaves / Cherry Tomatoes / Honey Roasted Cashews. / Quinoa / Carmelised Apple / Craisins - \$38 (v)

Add Ons: Grilled Chicken Breast \$16 / Grilled Flying Fish \$20 / Grilled Shrimp \$24

Thai Mini Crab Cakes / Red Thai Aioli / Orange Poppyseed Jelly - \$40

Bajan Fish Cakes / Marie Rose Sauce / Garden Salad - \$26

Panko Crusted Shrimp / Wasabi Mayo / Asian Slaw / Tamarind Dip ~ \$38

Crispy Jerk Calamari / Mango Mayo / Arugula / Lemon Wedge ~ \$34

Grilled Octopus / Pickled Cucumber / Wakame / Roasted Tomato / Cumin & Honey Mayo - \$34

ENTRÉES

Catch of the Day / 8oz Fresh Fish / Grilled OR Pan Fried / Basil Whipped Mashed Potatoes / Smoked Salmon Cream / Sautéed Leeks - \$66

Tent Bay Fish and Chips / Deep Fried Fish / French Fries / Coleslaw / Tartar Sauce - \$60

Seared Tuna / Deep Fried Blue Cheese Polenta / Wilted Spinach / Aubergine and Sundried Tomato Salsa ~ \$58

Pan-Roasted Pork Tenderloin / Crushed Fried Plantain / Sautéed Asparagus / Apple Purée ~ \$58

Black Pepper Crusted Sirloin Steak 8oz / Home Cut Fries / Steamed Vegetables / Red Onion Jam / Garlic Butter ~ \$74

Penne or Linguine Pasta - Alfredo / Basil Pesto (v) / Marinara (v) / Bolognese - \$42

Add Ons: Grilled Chicken Breast \$16 / Grilled Flying Fish \$20 / Grilled Shrimp \$24

Rogan Josh Curry / Pappadums / Basmati Rice / Mango Chutney

Vegetables - \$50 (v), Chicken - \$55, Seafood - \$58, Shrimp - \$60

Atlantis Angus Beef Burger / Brioche / Jalapeño Mayo / Crispy Bacon / Sautéed Mushrooms / Cheddar Cheese / Lettuce / Tomato / French Fries or Garden Salad - \$48

Vegan Burger / Edamame / Chick Peas / Lettuce / Tomato / Vegan Mayo / French Fries or Garden Salad ~ \$42 (v)

Thin Crust Margherita Pizza - \$38

Add Ons \$5 each (Pepperoni / Red Onions / Mushrooms / Flying Fish / Chicken / Olives)

SIDES

Macaroni Pie ~ \$15

French Fries / Sweet Potato Fries ~ \$16 (v)

Steamed Vegetables - \$16 (v)

Rice & Peas - \$12 (v)

Breadfruit Chips (seasonal) - \$15 (v)

Truffle Wedges - \$22

KIDS CORNER - All meals are \$38

and include a soft drink and ice cream

Grilled Fish

Homemade Chicken Nuggets

Fish Fingers

Above served with French Fries, Sweet Potato Fries

OR Steamed Vegetables

Penne Bolognese

Kids 10" Cheese Pizza

Please advise our team members if you have allergies to any food product. Kindly note that smoking is not allowed. All prices shown in Barbados Dollars and includes VAT. A Service Charge of 12.5% and TPDL of 2.5% will be added to your bill. We accept all major currencies (BBD, USD, GBP, EUR and CAN), Visa and MasterCard

DESSERT

Warm Cherry Pie / Nutmeg Cream / Vanilla Ice Cream - \$24

Chocolate Cheesecake / Stewed Berries / Mango Sauce ~ \$24

Coconut Bread Pudding / Vanilla Cream / Rum and Raisin Ice

Cream - \$24

Affogato - Vanilla Ice Cream drizzled with Lavazza Espresso - \$22

Ice Cream / Sorbets - Vanilla / Chocolate / Coconut / Rum and Raisin

Mango Sorbet (v) / Lemon Sorbet (v) ~ \$10 per scoop

WINES & BUBBLY

White

Hunters Sauvignon Blanc ~ New Zealand \$85 / \$21

Antinori Santa Cristina Pinot Grigio - Italy \$84 / \$20

Wente 'Morning Fog' Chardonnay - California \$82 / \$20

Viña Maipo Dulzino Moscato - Chile \$72/\$19

Red

Kaiken Malbec Ultra - Argentina 2018 \$90

Sterling Merlot "Vinter's Collection" - California \$82 / \$20

Rose

M de Minuty Rose - Provence, France \$90 / \$21

Bubbly

Sartori Prosecco Frizzante (200 ml or 750ml) - Italy \$26 / \$82