



THE ATLANTIS HISTORIC INN

Tent Bay, St. Joseph, Barbados • West Indies

Hotel Guests on Bed and Breakfast stays may choose one item with an (*) next to it per person along with coffee/tea and regular juice.

East Meets West hotel guests can order any item they desire per person from the menu along with coffee/tea and juice.

THE MAIN EVENT

FULL ENGLISH BREAKFAST \$48

Two Eggs any style, Bacon, Pork Sausage, Grilled Tomatoes, Sautéed Mushrooms, Baked Beans and Breakfast Potatoes

THREE EGG OMELETTE \$40

With Cheddar OR Parmesan, Toast and any three of the following: (Onions, Mushrooms, Tomatoes, Sweet Pepper, Bacon, Ham)

EGGS BENEDICT \$42

Two Poached Eggs, English Muffin, Spinach, Crispy Bacon, Hollandaise Sauce

ATLANTIS STEAK & EGGS \$68

Grilled 6oz Steak, Two Eggs (any style), Sautéed Mushrooms and Onions, Toast

*ATLANTIS BREAKFAST SANDWICH \$38

Open Faced Sandwich with Grain Toast, Scrambled Egg, Guacamole, Crispy Bacon OR Smoked Salmon

*ATLANTIS VEGAN SANDWICH \$35

Open Faced Sandwich with Grain Toast, Hummus, Guacamole, Roasted Tomatoes, Arugula, Pumpkin Seeds and Sunflower Seeds

*ATLANTIS PANCAKE PLATTER \$30

Three Fluffy Buttermilk Pancakes, Maple Syrup, Berry Compote

*ATLANTIS GRANOLA BOWL \$32

Homemade Granola, Greek Yogurt, Mixed Berry Compote, Chia Seeds

*FRESH FRUIT PLATTER \$28

Selection of Seasonal Fresh Fruit

*ATLANTIS BREAD BASKET \$32

Fresh Toast, Banana Muffin, Croissant and Assorted Danish Pastry

SIDES

TWO EGGS ANY STYLE \$15

CRISPY BACON \$14

PORK SAUSAGE \$14

BAKED BEANS \$12

BREAKFAST POTATOES \$12

TOAST (4) \$10

BEVERAGES

ASSORTED COFFEES AND TEAS \$8 - \$12

SMOOTHIES \$14

Fruit Punch, Mango, Passion Fruit, Guava, Strawberry

JUICES \$8

Orange, Apple, Grapefruit, Tomato, Cranberry, Pineapple

PREMIUM JUICES \$10

Golden Apple, Mango, Passion Fruit, Guava, Watermelon, Coconut Water, Sorrel

TROPICAL MIMOSA \$26

Orange, Mango, Passion Fruit, Strawberry

Prosecco (200ml) \$28

Please advise our team members if you have allergies to any food product. Kindly note that smoking is not allowed.